

The Sunflower Experience



Children re-discovering physical and emotional health and wellness

Does your child-

*Have difficulty paying attention to tasks?
Often fidget, get restless or is hyperactive?
Interrupt frequently, or have difficulty waiting in turn?
Get particularly shy or lack self-confidence at school?
Struggle with handwriting?*



Sunflower therapy is a unique health based set of sessions, which can greatly improve a child's performance, self-esteem and social skills.

It uses applied kinesiology, nutritional and allergy testing, brain gym and NLP - in ways children enjoy!



Free consultation and assessment
Practise premises in Exeter
Home visits possible on request

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